No vehicles on trails except baby strollers or wheelchairs. Bicycles may use the paved road, but are only allowed southbound (uphill) between the upper and lower lots.

Park only in designated parking lots. Stopping on road shoulders is not permitted.

Stay away from the bottom of the cliffs. Rock slides and cliff collapse occur with frequency. To increase safety, time your beach walk a minimum of 2-3 hours before or after high tide, when there is more sand available between the cliffs and the waves.

The Visitor’s Center (the Lodge) offers exhibits on the natural and cultural history of the Reserve and nature walks on weekends and holidays at 10 AM and 2 PM.

All groups of visitors or events must make arrangements at least three weeks in advance before visiting the Reserve. For details, please go to the Special Events website www.parks.ca.gov/sdspecialevents or send an email to sd.speclnevents@parks.ca.gov.

The Torrey Pines Association funds many projects at the Reserve. We invite you to join us in our ongoing efforts to preserve and protect the rare Torrey pines and their scenic refuge by becoming a member. For more information, visit their website www.torreypines.org.

12600 N. Torrey Pines Road, San Diego CA 92037
(858)755–2063
www.parks.ca.gov

#inventyouradventure
torreypines.org torreypine.org

Reserve Information

Fire, erosion, and off-trail hiking can damage fragile natural features beyond repair. Be safe, and help us preserve the beauty of Torrey Pines.

Stay on trail. Cutting across switchbacks and between trails, going into closed areas, and climbing cliffs ruins the Reserve for everyone.

No pets. The Reserve is set aside for native animals. It is prohibited to bring animals into the Reserve.

No food in the Reserve. Reduce litter and help keep our animals wild and healthy by eating and picnicking only at the beach. Trash cans and recycling receptacles are found only at the beach parking lot.

No alcohol. Alcohol is prohibited.

No drones. To prevent possible resource damage from accidents and to avoid frightening the native animals, all remote control devices are prohibited.

No picking/collecting natural features. Pine cones and flowers must be left to produce seeds to grow new plants and as food for animals.

No smoking/open flames. The plants found here are dry and flammable.

No amplified music. Respect your fellow hikers and enjoy the sounds of nature while in the Reserve.

THE RESERVE CLOSES AT SUNSET
All visitors and vehicles must exit.

Torrey Pines Trail Guide
Please return this trail guide for reuse.

Torrey Pines State Natural Reserve® is a fragile wilderness island in an urban sea: home of our nation’s rarest pine tree—Pinus torreyana—which is native only here and on Santa Rosa Island off the coast near Santa Barbara.

Guy Fleming Trail
2/3 mile loop
Easiest trail, relatively level, forested, along ocean bluffs, sandstone formations, spring wildflowers, drinking water, parking.

Parry Grove Trail
1/2 mile loop
Secluded, with steep entry/exit (100+ rugged steps). Few trees due to drought and bark beetle infestations. Native plant garden at trailhead.

High Point Trail
100 yards with steps
Panoramic views of reserve, ocean, lagoon, and inland.

Razor Point Trail
1/2 mile to overlook
Dramatic views of gorge, badlands, spring wildflowers. A few picturesque trees.

No amplified music. Respect your fellow hikers and enjoy the sounds of nature while in the Reserve.

Beach Trail
3/4 mile to Flat Rock
Descends 300 feet to beach level. Final access to beach via stairs.

Broken Hill Trail
North fork 1 1/4 miles
South fork 1 1/3 miles
Reserve’s longest trail, including access to the beach. Features chaparral, few trees, and scenic overlook pictured below.

View from Broken Hill overlook