Visiting Torrey Pines State Reserve

Torrey Pines State Reserve is a day-use park only. There is no overnight camping facility. Picnics are permitted on the beach only. No food or drinks (other than water) are permitted in the Reserve (i.e., the mesa above the beach and the Extension). There is no place in the park to buy food or drinks. Hikers are advised to bring and carry drinking water on the trails - especially in the summertime.

Directions
Torrey Pines State Reserve is located between La Jolla and Del Mar, California, north of San Diego. Take Hwy 5 to Carmel Valley Road, go West to North Torrey Pines Rd. Go South (left) about a mile to the reserve entrance (right) at the foot of the hill.

Fees
There is a parking fee for any car entering the Reserve. See website for info.

Operating Hours
Torrey Pines State Reserve is open daily from 7:15 AM until sunset. Be sure to visit the museum at the Visitor Center (Lodge) to see the exhibits of the natural and cultural history of the Reserve. It opens daily at 9:00AM (May-Oct) and 10:00 AM (Nov-Apr). On weekends and holidays there are interpretive nature walks at 10:00 AM and 2:00 PM.

PLEASE REMEMBER

- Stay on the trails. Walking off trail causes erosion, tramples plants and frightens animals.
- The cliffs are unstable and dangerous. Children must be supervised by an adult at all times.
- State laws protect all features in the reserve, including rocks, artifacts, flowers and pinecones.
- Picnicking is only permitted at the beach, not in the reserve or on the trails (water canteens are okay). Place all trash in receptacles provided.
- Smoking is only permitted at the beach.
- Fires are prohibited. Personal portable barbecues are permitted only on the beach. Place hot coals in the hot coal containers provided.
- Dogs and horses are prohibited at the reserve and on the beach.
- All types of vehicles are prohibited on trails; bicycles may use only paved roads.
- Due to the sensitive ecological environment, it is occasionally necessary to limit the number of visitors by limiting the number of vehicles in the park. If the reserve is full, visitors may be asked to check back later or plan to visit another day.
- Park only in designated lots. Stopping on road shoulders is not permitted.

NOTE: Parry Grove Trail is now open.

Torrey Pines Docent Society
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