HOLIDAY GATHERING
by Diane Stocklin
Photos by Herb Knufken

One can only expect to find perfection in nature, and indeed, “mother” nature planned a perfect day at the TPSNR for the December 10, 2011 Holiday Party. With sunshine warming up the early morning cool temperatures, all docents gathered on the Lodge patio to enjoy friendship and a potluck feast, music and mulled wine. The warm, spicy wine was a hit with the gathering, as Thomas Stehlik, Class of 2011, our own chef du jour, made his favorite recipe.

Traditionally, it was a time to look back upon the year, and President Ken King called a brief meeting to order. He named Ann Williamson the Docent of the Year and acknowledged her extraordinary dedication and tireless efforts on behalf of the Reserve, an honor that was welcomed with great applause by all. He also welcomed the new board members and thanked those retiring for their support and service in the past year.

All party reports were positive from the docents, who enjoyed capping off another year in a festive manner. Also, several docents from other classes played a significant role in helping with the event, especially Allison Howard, Greg Howard, and Wes Farmer. Many thanks, also, go to Laura Lowenstein for her perpetual willingness to support us, along with Janie Killermann, Jeannie Smith and Linda Zlotnik, chief mentors in residence.

It was duly noted however, that we might be the victims of our own success, with the larger number of participants. The long food line has already been addressed, and we will go back to the “drawing board” for setup at next year’s party.

Oops... as you read this, next year is already here. The Class of 2011 can now take off their apprentice caps, and delve fully into volunteering according to their own particular talents.

See you in the Lodge and on the trail. The Class of 2011 wishes you all the best in the New Year!
The Torrey Pines Docent Society publishes the Torreyana bi-monthly, edited by Anna-Lena Malm. On alternate months, the Society publishes the Torrey Pinecone, edited by Joan Simon. Both publications include the monthly duty calendar, announcements and information concerning membership meetings. Submissions for either publication are due on or about the 20th day of the preceding month and may be submitted to Editors@torreypine.org.

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TPA www.torreypines.org
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TPDS Board Members:
President, Ken King
Vice-president, Bob Doolittle
Treasurer, Carolyn Butterfield
Secretary, Bill Eckles
Dir. of Communications, Lou Adamo
Dir. of Children's Program, Sue Randerson
Dir. of Programs, Darlene Martinneau
Dir. of Training, Janie Killermann
Dirs. of Lodge Hosting, Irene Larrimore & Jan Lombardi
Extra newsletters are available in the Docent Library.

TPSNR Staff:
Supervising Ranger: Dylan Hardenbrook
Rangers: Kyle Knox, Mike Winterton, Lisa Urbach
Sr. Park Aides: Diane Greening (Interpreter), Laura Lowenstein (Volunteer Coordinator)
Sr. Park Aide Ambassador: Louis Sands
Park Aide Ambassador: Jake Mumma

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Message from the President

In mid-December, the class of 2011 hosted our annual Holiday Party. Under the leadership of Diane Stocklin and Kelly Proudfoot, they decorated the Lodge in spectacular, fresh greenery. The team, along with their trainers Janie Killermann, Linda Zlotnik and Jeannie Smith (and a few graduates from previous years), then organized the place, as dish after dish appeared for the event. The setup, the serving, the cleanup—all went so smoothly. We even enjoyed live music and spiced hot wine! It’s pretty obvious that much energy and time went into the event, and for that, all of us docents thank you profusely! Unfortunately, during the business meeting, the President forgot to publicly thank the Class of 2011, and that should have been at the top of his agenda. We doubt he will forget again!

At the beginning of a new year, it’s instructive to enumerate a few new developments. Usually, our programs and projects evolve gradually, improving over time. But five innovative improvements have popped up quickly. Those are:

1) Art in the Pines, our sole annual fundraiser, will be held over two days in 2012;
2) Our monthly business meetings are now prefaced by popular short “Focus On” presentations on an interpretive topic of interest to all docents (thanks, Barbara Wallach!);
3) We will continue to offer many more special field trips, so our docents can have fun and get to know each other (thanks, Barbara McCardle!);
4) Groups requesting docents for special walks may now pay directly from the web using a credit card or PayPal (thanks, Mike Yang, Roger Isaacson, and Ann Williamson!); and finally
5) We have created a brand new way to interact with visitors, as Trail Patrollers staff the “map sign information station” (thanks, Frank Burham!).

This last innovation needs a little more explanation: Since the main goal of trail patrolling is visitor interaction, our plan is to hang out by the Beach Trailhead and greet visitors. For those docents who want to be outside and greet visitors, what could be better? Moreover, Frank has made signs and other aids (e.g. a chalk board showing the tides for the day) and it’s working great!

In addition to meeting our interesting visitors by Lodge hosting or leading an interpretive walk, we can now meet them at the map sign!

One last thing: please pay your annual dues now, if you haven’t already. It’s $25 for Active Members and $40 for Supporting Members. You may opt to become a Supporting Member if you have at least two years of active service. Also, please record your hours in Tracker ASAP. While it’s best to do it before year-end, we will have a final cut-off on January 31 again this year.

See you around the Reserve,

Ken King
President,
Torrey Pines Docent Society

Many thanks to Editor Anna-Lena Malm and the docents contributing to this newsletter and to faithful Team Torreyana. And thanks to Marian Casazza for mailing and distribution.

Roger Isaacson
Publication Coordinator
TPDS General Meeting Notes
December 2011
by Secretary Bill Eckles

Ken King, President, called the meeting to order at 12:30 pm during the annual Holiday Party for the TP Docent Society. The food and friendship were both abundant and a good time was had by all.

Ken recognized three board members who are leaving the board at the end of this year. The three that were thanked for their service and given a gift card for REI merchandise are: Mike Yang, Barbara McCardle, and Catherine MacGregor.

Three new lifetime members were also recognized: Virginia Sabella, Iris Geist and Jim Sanseverino.

The new Board of Directors was also introduced to the membership once more:
- President: Ken King
- Vice President: Bob Doolittle
- Treasurer: Carolyn Butterfield
- Secretary: Bill Eckles
- Programs: Darlene Martineau
- Communications: Lou Adamo
- Lodge Hosting: Irene Larrimore and Jan Lombardi
- Training: Janie Killermann
- Children's Prog.: Sue Randerson

Another applause was administered.

**The Docent of the Year**, with over 300 hours of service and significant contributions to the "Tracker" recording system, board membership and countless additional contributions was Ann Williamson. Thank you for your commitment, Ann!

- Be sure to put in and post your hours for at least the 72 that are mandatory.
- Be sure to pay your annual dues of $25, which are due in January, 2012.

Ken adjourned the meeting at 12:40 pm.

**Children's Program**
by Sue Randerson, Children's Program Director and Laura Lowenstein, Children's Program Coordinator

Thanks to our dedicated and loyal Children's Program docents, we had a full complement of leaders for our Thursday and Friday classes during the busy month of December. Two docents gave excellent first-time presentations: Bob Doolittle on Geology and Barbara Justice on Native Americans. They had the kids' rapt attention the whole time.

After a well-deserved break over the holidays, we will be resuming our programs on January 5 and 6, with The Reserve, Plants and Habitat as the topic both days. As we begin the New Year we look forward to seeing some of the docents who weren't able to join us in the fall...and anyone who would like to experience the delight of introducing children to the wonders of our Reserve.

A current list of docent board members and committee heads is one of many items kept at Docent Login at torreypine.org.

Ann’s response to “Why TPSNR?”

“Gill and I have lived in this area since 1965, when he took a job as an assistant professor in the UCSD Math Department. We enjoyed walking at Torrey Pines and learning about the plants. When we retired in 2005, we both decided to become docents to learn more. The parts I enjoy most are the Children's Program, Special Walks, and working on some of the software projects for Torrey Pines.”
Announcement: Low Tide Hike with Wes Farmer

Winter, especially after a storm, is a good time to discover sea life from land. Please join me on an ebb tide nature hike at Torrey Pines State Beach on January 21st, 2012 at 1:15 pm. We’ll meet at the stairs near the kiosk at the entry to the South Beach. The tide will be very low, -1.5 feet. We will hike to Flat Rock and a bit beyond. Along the way, I will speak of the fossils discovered since 1995 and the abundant sea life. —Wes

Docent Doings

Jan 21, 1:15 pm Beach Walk
Jan 28, 10 am Trail Patrol Training
Feb 25? Docent training begins

May 5-6 Art in the Pines

Go to the docent date list on Docent Login on torreypine.org for latest details.

Mondays, 8:30-10 am- Weeders
Tuesdays, 8:30-noon- Seabees

Send future event info to editors@torreypine.org.

"Jambo" or "Welcome" From East Africa to the Torrey Pines Lodge

By Bill Eckles

He told us it was the most important word to learn in Swahili, spoken in both Tanzania and Kenya. Jambo is a way of greeting friends, acquaintances and even strangers and it means "Hi, how are you. I'm available to talk with you." Our guide was giving us information for our vacation of a lifetime in East Africa and greeting people there is very important. So a dozen enthusiastic tourists began jabbering "Jambo" to each other, to waiters and even to people on the streets. Jambo, Jambo and Jambo again! An easy word — an easy step forward. It became an important addition, even the keystone to our growing Swahili vocabulary.

Driving through the tiny countryside villages, it was the word shouted from our Land Cruisers to any soul perchance walking down the street or sidewalk. Peals of "Jambo" resonated as we lumbered through the town, coupled with generously waved hands and big, big smiles. The response was fantastic.

December Lagoon Life

from Lou Adamo (Google groups on Monday, 12/12)

The Lagoon has been a very special treat these last 2 days.

Yesterday, great footprints of deer and raccoons under the freeway along Sorrento Valley Road.

Fifteen white-faced ibises and lots of coots and shovelers in/near the open water of the fresh-water marsh up towards the pump station. Photo of ibises below.

Kestrel and several other varieties of birds around.
Responses of "Jambo" or "Caribou" (the second word we learned meaning welcome or you're welcome) caromed back at us. When offered face to face, it often produced a conversation revealing where we came from and whether we knew that Obama’s father was from Kenya. It was a made to order icebreaker.

My suggestion is this. Try injecting a little "Jambo" into your Lodge hosting. An enthusiastically delivered "Welcome!" or "Where are you from?" can produce chatty visitors or even friendships from many of these apprehensive visitors to our Lodge. They are the strangers and they act a little bit shy among the residents. It isn't that common for Americans to overtly welcome strangers, but give it a try. I have tried it and am confident that even a little Jambo can go a long way and make our visitors' trips just a little more memorable.

Bobcat Update
by Supervising Ranger Dylan Hardenbrook

Remember the baby bobcat captured at the South Beach parking lot back in June this year? Well, she's been living and growing at the Wildlife Center in Ramona. The bobcat was raised with three other orphan bobcats in a large enclosure that enabled her to learn how to be a bobcat. The enclosure even had a tree for climbing. She was fed rodents and birds – a similar diet to what she’ll encounter in the wild. The prey was generally euthanized first, but she did get some live prey so she could practice her hunting skills.

All four of the bobcats were released at about the same time to the different locations they had originated from. On 11/23/11, staff from Torrey Pines State Natural Reserve met with staff from the Wildlife Center and Megan Jennings of San Diego University at the Los Peñasquitos Marsh to release “our” bobcat back to the Reserve. Jennings estimated she was 8 months old and had put on most of her adult size, weighing in at a “chubby” 14 pounds. She still had a healthy fear of people and was quite vocal about her dissatisfaction with being carried about. When the crate was opened, she required a fair bit of encouragement to come out, but headed straight into the bushes, when she finally did.

Bobcat was tagged with a yellow #13 on her right ear to help Jennings’ bobcat research project, so if you see her around, please let me know where and when.

Kelp Cake
from Peter Vroom

At the request of several docents, Peter Vroom, the marine biologist for the City of San Diego who gave us a splendid talk on algae at the November general meeting, has submitted his recipe for Kelp Cake. Maybe we will see this cake at the next potluck?

Kelp Cake

1.5 cups salad oil
2 cups sugar
3 eggs
2 cups grated carrot
2 cups fresh, graded giant kelp stipe (stem) that has been well washed to remove sand
1 cup crushed drained pineapple
2.5 cups sifted flour
1 teaspoon baking soda
1 teaspoon salt
1 teaspoon cinnamon
1 cup chopped walnuts (if desired)

Cream well salad oil and sugar. Add eggs, one at a time, beating well after each addition. Add grated carrots, grated kelp, and crushed drained pineapple. Sift together flour, baking soda, salt, and cinnamon. Mix all together. Add chopped walnuts if desired. Bake in oblong pan or load pan at 350°F for 45-50 minutes. Serve plain or with buttercream frosting. This is a moist cake that keeps very well.

New Docent Training Begins Mid-February 2012

The Torrey Pines Docent Training Program for 2012 will begin in mid-February.

Training sessions will be held at the Visitors Lodge on Saturday mornings from 9:00 am until noon and culminate with graduation of the Docent Class of 2012 in mid-June 2012.

To register interest in the upcoming training program, please contact Training Coordinators Janie Killermann or Linda Zlotnik. Your name and contact information will be added to the interest list and you will begin receiving details in the very beginning of the New Year with specifics about the training sessions.

Janie Killermann
JanieKillermann@gmail.com
Linda Zlotnik
lindazlotnik@gmail.com

[Ed note: Docents, please consider being a mentor this year. It is a very rewarding experience, for both mentor and trainee.]
It’s Gray Whale Season
by Roger Isaacson and Anna-Lena Malm

We all are, of course, aware that the California gray whales started their southerly migration in December. Now is a good time to refresh your memory of this amazing natural phenomenon. You can go to our TPSNR website at torreypine.org and at the top of the homepage search for whale articles. You can read the talk summary of Dr. Susan Chivers’ presentation on Whales and Dolphins in the July 2011 Torreyana (p. 1). In her talk, Dr. Shivers suggested the Southwest Fisheries Science Center’s web page at tinyurl.com/NOAA-gray-whale

And here are some interesting YouTube videos on the gray whale:
Human interaction (3 min) tinyurl.com/PBS-2006
and temporary tagging (1.5 min) tinyurl.com/SIO-tagging

[Ed: The following article is reprinted from the January 2005 Torreyana. The author, David Blue, an avid birder, moved away a few years ago, so his talents are lost to us.]

Thar she blows!
by David Blue

It’s that time of year again, when we strain our eyes seaward in search of the spouts of gray whales. It’s thrilling to see their breath explode into the air. This blow can be up to 15 feet high and remain visible for about five seconds. (Fortunately, most civilized nations stopped the despicable practice of hunting whales long ago.)

Gray whales make the longest migration of any mammal, traveling some 5000 miles from their cold northern summer feeding grounds in the Bering Sea to their warm winter calving areas in the shallow lagoons of the Baja peninsula. Most of this migration is coastal. Typically, the whales are found within a few miles of shore. However, recent surveys suggest that, in our area at least, 65% migrate too far off the coast to be seen from shore.

Here in the San Diego area, the main southward migration extends from mid-December to mid-February with the peak occurring in mid-January. Observers at Point Loma average eight whales per hour during this peak. So this is an excellent time to look for them. Although focusing on the birds, I observed two spouts on January 1 during our monthly bird survey. Even more exciting was discovering a gray whale swimming just outside the surf line. Once you spot a whale, knowing the typical breathing and diving pattern can help you anticipate when you might see it again. It will be moving from north to south (right to left) and when it surfaces, it will blow 3 to 5 times in a row, 30 to 50 seconds apart. It will then dive for 3 to 6 minutes before repeating this pattern. Later, in the spring, the gray whales will migrate north again, but they are generally too far out to be seen, even with binoculars.

A much better way to see and appreciate these wondrous creatures is to visit San Ignacio Lagoon in Baja, where the mother whales actually bring their calves up to the boats, as in the photo.

To Learn More
An interesting website, Learner.org, gives links to 20 gray whale observation posts. Go to this webpage: tinyurl.com/GW-MigrationRoute
From there you can click on each of the red dots shown in the image below for details on the Observation Posts.
Two Encounters of a Birdie Kind
by Rhea Bridy

I have two sweet encounters to share, two treats - only if you love little birdies.

In the afternoon of December first, as the sun hung low in the west in the area of the open flats and occasional red-berried Toyons on the Reserve Road, there were stretches of wind-laden swirls. With the sand came a little Anna’s Hummingbird, its well-fed body, perfectly shaped like a sparkling green lizard-leaf a'swirling. She, no red throat, was doing her aerial dance around the heavily-laden luscious red-berries, as if to say "Hello there. See you. Oh. Look at this. Wow. And this. So great. Mine. Allllll mine. Enough looking. You go. Go away now." I took the hint, walked away and wondered what it would be like to perceive the world as a very agile, very quick, very aerial, hungry hummer, and walked toward the Broken Hill entrance, smiling and feeling very, very, very slow and terrestrial.

Then I heard the sweetest sound on the other side of the road, behind tall bushes to the west. It was a warbling call, soft and rising in pitch, with a few flat, final syllables, slurred amid the bouncing branches. And it was not that far away. I stopped and gave the call a try. A pause from the bushes and then a return — such a sweet warble, this time a little closer. I tried to return the whistled phrasing once again. Another pause, a little closer the call came, and just a little peek around the tall brush and voila! Backlit by sun, and hanging on dearly to a wavy, windy bush, was what I believe to be a five-inch Yellow-rumped Warbler, its yellow and black swatches blurring in the breeze. When it saw me, it looked sooo disappointed, then practically launched itself awkwardly to fly thirty feet away. It looked back at me again, switched positions, and exposed its yellow rump, disdaining my presence by returned glance. Off and away it went in a blur, thinking me perhaps an audaciously large and drab giant. How dare I call myself a warbler? I don't know what got into me. But it was very cool. Made me proud to have a bird's name.


Number of species: 94
(Species bolded on this list are unusual for this area.)

Snow Goose 2
Gadwall 41
American Wigeon 31
Mallard 9
Blue-winged Teal 6
Cinnamon Teal 1
Northern Shoveler 14
Northern Pintail 33
Green-winged Teal 33
Redhead 2
Lesser Scaup 4
Bufflehead 16
Ruddy Duck 3
California Quail 50
Pacific Loon 2
Common Loon 15
Pied-billed Grebe 3
Eared Grebe 2
Western Grebe 270
Black-vented Shearwater 14
Double-crested Cormorant 116
Brown Pelican 64
Great Blue Heron 4
Great Egret 5
Snowy Egret 9
Little Blue Heron 1
Green Heron 1
Black-crowned Night-Heron 3
Osprey 2
White-tailed Kite 4
Northern Harrier 2
Red-tailed Hawk 4
American Kestrel 5
Merlin 1
Peregrine Falcon 2
Sora 1
American Coot 54
Black-bellied Plover 4
Snowy Plover 55
Semipalmated Plover 12
Willet 14
Whimbrel 33
Long-billed Curlew 8
Marbled Godwit 4
Western Sandpiper 20
Least Sandpiper 2
Long-billed Dowitcher 18
Heermann's Gull 45
Ring-billed Gull 45
Western Gull 1
California Gull 120
Herring Gull 2
Caspian Tern 2
Eurasian Collared-Dove 4
Mourning Dove 18
Anna's Hummingbird 44
Rufous/Allen's Hummingbird 5
Nuttall's Woodpecker 4
Northern Flicker 1
Black Phoebe 13
Say's Phoebe 10
Cassin's Kingbird 9
Western Scrub-Jay 13
American Crow 24
Common Raven 28
Tree Swallow 6
Bushtit 88
Bewick's Wren 7
House Wren 8
Blue-gray Gnatcatcher 1
California Gnatcatcher 8
Ruby-crowned Kinglet 2
Wrentit 19
Hermit Thrush 7
American Robin 2
Northern Mockingbird 2
California Thrasher 7
European Starling 12
Orange-crowned Warbler 1
Common Yellowthroat 20
Yellow Warbler 1
Yellow-rumped Warbler 60
Spotted Towhee 6
California Towhee 30
Savannah Sparrow 7
Song Sparrow 11
Lincoln's Sparrow 1
White-crowned Sparrow 89
Golden-crowned Sparrow 2
Red-winged Blackbird 88
Brewer's Blackbird 18
House Finch 119
Lesser Goldfinch 103
House Sparrow 2

Observers: Gary Grantham, Herb Knufken, Kathy Dickey, Will Cox, Amrit Sidhu, Phil White, and Anonymous

Previous Bird Surveys may be found at torreypine.org/activities/bird-sightings.html
January 2012 TPDS Lodge Docent Hosting Calendar- Updated 1/1/12

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To sign up for an opening, call the hosting docent (858-755-8219) to confirm the time and write your name in the Logbook. If you cannot do your session, please try to find your own substitute by switching with another docent or using the short-notice list. Then call the hosting docent to make the change in the Logbook. Coordinators: Irene Larrimore & Jan Lombardi