Docent General Meeting Saturday, October 20th 9:00 a.m.
National University, 11255 N. Torrey Pines Road
State of the Reserve:
Natural Resources and Ecological Programs at Torrey Pines State Reserve
Darren Smith, the Environmental Scientist and Natural Resources Program Manager for the San Diego Coastal District of DPR will be our speaker.

Program for the September Docent Meeting: unique and informative!
by Sharon Clay Rose

Opening comments by Ken Baer, Director of Programs, led into a dynamic video presentation on Trail Patrol by Paul Whitby along with additional commentary about the special value of Torrey Pines State Reserve by Bobbi Whitby and Margaret Fillius.

Cecily Goode, Director of Children’s Programs gave a lively presentation on the rewards of working with children in the reserve. She demonstrated some of the materials used for the Kumeyaay program while modeling the willow skirt that “Mrs. Kumeyaay” dons as part of the children’s learning experience. For the final portion of her presentation she showed slides of children in the reserve along with copies of thank you letters sent to docents by the children.

Margaret Fillius then explained the history of Special Walks, a program set up 5 years ago by Don Grines. She spoke about what is involved in leading walks for the variety of folks and organizations that request these uniquely tailored walks and elucidated the personal enjoyment of leading these walks as well as the financial benefit to TPDS.

Barbara Wallach of Whacky Weeder fame presented the many ways that docents are contributing to the beauty of the reserve as well as developing camaraderie and getting to know more about the nooks and crannies of TPSR.

Docents were treated to a DVD presentation of Herb Knufken’s magnificent and inspiring photography. This will be shown to plein air artists to prepare each of them to select their “spot of beauty” when they come into the reserve to do their paintings.

The “open house” format for the docent meeting program provided an enjoyable and informative showcasing of these talented hard working docents.

September Docent Meeting Notes
Excerpted from notes from the TPDS General Meeting, September 15, 2007 by Secretary, Judy Schulman.
Complete minutes in Library.

Docent of the Month: Dawn Thieding (2006) is being recognized for her work with organizing the music for the Plein Air Art Festival and coordinating next year’s Earth Day event.

Ranger Report: Ranger Jody Kummer reported that, starting on Monday (9/17/07), the upper 2 lots and the lower lot will be slurry sealed. No cars will be allowed in the...
park on Monday and possibly on Tuesday. They may also prevent walkers from coming into the park. She also plans to have a life-size whale design on the parking lot nearest the bathrooms. This will make it easier for docents and staff to explain where the bathrooms are. In October, they will slurry seal the front half of the North Beach parking lot. First they have to do test drills for waterlines and check for archeological sites. She encouraged all of us to come at 2 p.m. on Friday to help set up for the Plein Air Art Festival. The volunteer appreciation dinner will be the first Sunday in October. [Ed. Note: The date has changed to October 14th. See announcement later in this bulletin]. It will include a movie on the beach from a high school student who used his project to get into USC’s film school. She is also interested in getting photos of docents in action. There is a new gas fireplace. Historian Victor Walsh will replaster the adobe wall. The North Beach concessionaire contract has not been signed yet. It is doubtful they will come in until next summer. She thanked docent Steve Tarkington and her volunteers for picking up 12 bags of trash on the west side of 101.

Lodge Duty: (Irene Larrimore) There was a clarification that the time period stated in the docent manual (9:30 a.m.-1:00 p.m. and 1:00 p.m.-4:30 p.m.) is for Saturday and Sunday only during Standard Time. Docents are asked to let her know if they are having problems with the new 3.5-hour shifts.

Children’s Program: (Cecily Goode) Handouts were available on how to signup for the Children’s Program online.

Communications: (Roger Isaacson) Anne Williamson was acknowledged for her work on the hour Tracker program. Docents can now enter their General Meeting hours more efficiently.

Bookstore: (Nancy Woodworth) Two new items were showcased. One is a book called Land of Sunlight which features many of the artists who will be at the Plein Air Art Festival. It also includes Joan Grine (Don Grine’s wife whose painting the TPDS used on a t-shirt). The other item is the 2008 Southwest Calendar.

Membership: (Walt Desmond) The roster by docent’s first name is now available. Please let him know if there are any changes that need to be made or if you want your Torreyana and Pinecone electronically. Benefits for getting these newsletters electronically are color, additional photos and more up to date.

Trail Patrol: (Sherry Doolittle) All Trail Patrol members are urged to be out in force on Saturday for the Plein Air Art Festival.

Library: (Michael Yang) There was a recent acquisition of a 18-hour DVD course on Geology (recommended by Lillian Lachicotte). There is also CD for making nametags for the Children’s Program by Diane Greening.

Treasurer: (Priscilla Lewis) to date there has been $43,000 in income and $43,000 in expenses. We are breaking even. $200 was given to the endowment in memory of Arnie Shaw and Katherine Chaffee.

Plein Air Art Festival Schedule: (Steve Usher) Herb Knufken has produced 62-photo DVD of Torrey Pine scenes that will be played in a continual loop at the artists’ cocktail reception on Wednesday night. [Ed. Note: The schedule for the volunteer participation in the event was clearly presented. See complete minutes.]

Annenberg Foundation: President Steve Usher announced that we have received a $10,000 check from the Annenberg Foundation to be used for the Children’s Program. The purpose is to extend our outreach to low income children and schools. He thanked TPA president Pat Masters for her involvement and Priscilla Lewis for doing the extra paperwork needed. This is an important example of the TPDS and the TPA working together in furthering their mission to support the Reserve.

Gourd Workshop: Barbara Wallach announced that there will be another gourd and craft workshop on October 13 starting at 9 a.m. [see page 3]

Docent Question of the Month – October 2007
Courtesy of Jim Larrimore & Gill Williamson
Q: Can you safely drink tea made from leaves of the Yerba Santa in Torrey Pines State Reserve?
A: (See p. 4)

Painting the Air with Music
by Dawn Thieding
Photo by Herb Knufken
Not even rain could dampen the spirits of festival-goers at the First Annual Torrey Pines Plein Air Art Festival. Upon arrival, attendees were greeted by the sweet sounds of Peter Sprague and his brother, Tripp.

Peter (guitar, above) grew up in the area and is a long-time patron of the Reserve. Through his experience and expertise, he beautifully matched the flow of guests and the majesty of the Torrey Pine. With Peter on guitar and Tripp on flute and saxophone, their
melodies sang to the trees, while the
guests dined on lunch provided by the
Lodge at Torrey Pines and strolled
the festival grounds. After lunch,
Nature provided a surprise
performance of “The Sound of Rain,”
followed by guitar duo Paper Moon,
who entranced the crowd as the sun
came out again. Performers Scot
Taber and Daniel Dever captivated
the audience with their original
compositions. Their unique and up-
beat acoustic sound had something
for everyone, as they combined
traditional styles with a contemporary
flavor. A good time was had by all!
A HUGE thanks goes to John Dorian,
the sound technician, for graciously
donating his time, expertise, and
equipment. John’s generosity allowed
the music to paint the air at the
festival and brought much unity and
joy to the event.

**Children’s Art at the
Plein Air Festival**
*by Diane Greening*
*Photo by Roger Isaacson*

Over 50 kids (and some adults)
became plein air artists this weekend
as they dabbled in watercolor pencils
and sand painting. Most participants
did both projects, sometimes more
than once. We started just before 10
a.m. with two tables tucked under
shelter by the whale bones, but
expanded to four tables on the patio
as demand went up. Although there
was a lull at 1 p.m. when the rain
came, but children continued to paint
until 3:30 p.m.

Works ranged from landscapes of
the cliffs and sea, to studies of Torrey
pine trees, to bold abstract
expressionism. Some young artists
offered their works to be auctioned to
help the Reserve, but parental bids
kept the works in the family.

Everyone thoroughly enjoyed
themselves! Thanks go to the
volunteers who helped keep the glue
tidy and the water cups clean: **Diana
Davis, Vince Castiglione, Sally
Whitlock, Priscilla Lewis, and Joy
Kenawell** (non-docent). Special
thanks to **Barbara Wallach** who
donated the many colored sand
palettes and boards for the sand
painting, and **Laura Lowenstein** for
suggesting the cardboard frames for
the watercolors.

**Library News: New DVD
Series and Checkout
Procedure**
*by Mike Yang*

The Library has acquired a new
18-hour DVD course on Geology
which has recently been placed in
circulation. The course, entitled “The
Nature of Earth: An Introduction to
Geology” is taught by John J. Renton,
Ph.D. of West Virginia University
and produced by The Teaching
Company. Due to the high cost to
replace any lost or missing DVD’s of
this series, the Library has adopted a
new procedure to be used by docents
in checking out each “Part” or
volume, of which there are three.
The content of each Part have been
summarized and is posted in the
Library for your information.

New Checkout Procedure for this
DVD series only: These DVDs will
not be on the open shelves of the
library but rather in one of the locked
 cabinets. There will be a sign-up
sheet where docents may sign up in
advance to borrow any Part of the
series. It will be located on the shelf
by the return basket in the Library at
the Lodge. The request sheet will be
checked regularly and availability of
the requested DVDs will be
communicated to the requester via e-
mail. Check out time for these DVDs
will be 3 weeks.

**CHILDREN’S PROGRAM
UNDERWAY!**
*by Cecily Goode*

The Children’s Program started
Thursday Sept. 20th with a first-time
Carrillo School in Carlsbad. What a
great way to start the school year with
this beautiful fall weather. The
children had an opportunity not only
to see TPSR, but also to observe
Plein Air artists at work. The artists
invited the children to observe them
painting, to take pictures and engage
in conversation. I heard comments
like: “I can’t wait to show my parents
the pictures I took of them painting,”
and “Those are beautiful paintings.”

There are still open slots to be
filled for the docent led hikes. Don’t
hesitate to sign up on the Web site or
just come tag along.

**CRAFTY PEOPLE
WORKSHOP!**

Please join us for some fun and to
produce multitudes of craft items for
the bookstore.

**Saturday, October 13th is the date
and 9 a.m. is the time at the Lodge.**

Please bring craft supplies (cones,
dried flowers, glue guns, art pens,
ribbons, seashells, etc.) if you have
them and, of course, your clever
ideas.

Judy will teach her knotless
netting techniques again.
Rain or shine~ Hope you can join us!
**Barbara Wallach**

**Volunteer Appreciation
Evening Featuring
MOVIES ON THE BEACH!**

October 14, 2007, 5:30 p.m.
Gather at the beach near Lifeguard
Tower 1. Bring beach chairs and
blankets. Dress warmly. Movie-
going food provided: Hot dogs,
chips, popcorn, candy, coffee, tea and
soda (Anything stronger, you are on
your own, and if you want anything
else to eat, you are welcome to bring
it.)
Eagle Scout Benches have a new life

Thanks to the fine efforts of Kirsten Wilkes, Alan Bennett, Frank Burham, Bob Doolittle and Sheldon Krueger, the benches built by an Eagle Scout project have been repaired and refinished. They now have an attractive coat of a spar varnish with a UV inhibitor and the varnish should stand up better to our marine air. The Torrey Pines Docent Society Board has authorized an extension of this project. So if you want to help spruce up the big benches on the front porch of the Torrey Pines Lodge and the low benches in the Children's amphitheater, along with other benches around the Lodge, please contact Alan Bennett at (619) 955-3275 or alanbennett@hotmail.com.

No experience is necessary and we provide all the materials. If you have a favorite hand or power tool (Sanders and drills are always in short supply), you are encouraged to bring it.

Lodge Duty Request for Month of October: There are only a few uncovered weekend shifts in October, but please take a look at the calendar and if you are able to help out, especially as a 2nd person call the desk and sign up for one of the empty extra spots. Thanks!

Irene Larrimore and Lillian Lachicotte

Docent Question of the Month: October 2007

by Jim Larrimore & Gill Williamson

Photos from Web as indicated

Q. Can you safely drink tea made from leaves of the Yerba Santa in Torrey Pines State Reserve?

A. No, and don’t do it!

Tea made from leaves of Yerba Santa (Eriodictyon crassifolium or Felt-leaf Yerba Santa) taken from TPSR is likely to make you pretty sick. One of our docents tried it and wound up in the Scripps Green Emergency Ward. The tea caused his uvula (small thing that dangles from the upper back of throat) to expand until it was thumb-sized. The expanded uvula fell down the back of his throat, choking him. The receiving nurse at Scripps Green Emergency turned out to be the daughter of a well-known east-coast botanist. She was shocked that anyone would think of drinking tea from E. crassifolium.

There are two species of Yerba Santa in our region: E. crassifolium, and Eriodictyon trichocalyx, which grows more inland and is not represented at TPSR. It has two varieties: E. trichocalyx trichocalyx or hairy Yerba Santa, and E. trichocalyx lanatum (no common name).

E. Trichocalyx- Hairy Yerba Santa

© Br. Alfred Brousseau, Saint Mary's College from calphotos.berkeley.edu

The Web site http://waynesword.palomar.edu/ecoph35.htm shows an herbal product made from another species, Eriodictyon californicum or California Yerba Santa. E. californicum is common in Northern California and has a smooth, shiny leaf like E. trichocalyx trichocalyx. Calflora states that a specimen of E. californicum has been identified in San Diego County, but the San Diego Natural History Museum herbarium has no record of this (See http://www.sdplantatlas.org).

The story about making tea from an Eriodictyon species may have come from the Northern California Indians. The Northern California Indians might have made tea from E. californicum and lived to tell the tale. The Indians in our area might have made tea from the similar shiny-leaf E. trichocalyx trichocalyx. Or,
perhaps, the only one to make tea from any San Diego County species of *Eriodictyon* was our poor docent. But don’t feel too sorry for him. True, he was told during his training that it is safe to make tea from the Yerba Santa at TPSR. But let’s not forget that he was also told not to pick the plants in the Reserve. . . .

[Reactions? Let us know. Start the discussion!]

**On the “New Books” Shelf!**

by Bonnie Hornbeck

*Native Plants – Torrey Pines State Reserve and Nearby San Diego County Locations* (2nd Edition), by Margaret L. Fillius.

This is a well organized and photographed second edition of Margaret Fillius’ popular book that helps beginners (and also those with basic and intermediate knowledge) identify native plants in western San Diego County. Of a possible 1,543 native species, 243 are covered in this edition. Differences from the first edition are: 1) an additional 11 species are covered; and 2) nomenclature is updated to correspond with revisions in the new “Checklist of the Vascular Plants of San Diego”, 4th ed. (Simpson & Rebman). Terrific reference tool.

**Sycuan – Our People, Our Culture, Our History** by Michael Connally Miskwish. (Oversize)

Michael Miskwish, a member of the Campo Band of the Kumeyaay Nation, has created a beautifully presented book with over 200 photographs that lead the reader to discover the Sycuan’s colorful and visual heritage and to better understand and appreciate the tribe’s evolving story. Chapters cover traditional Kumeyaay society, Spanish and Mexican periods as well as the early American period, and closes with chapters on Sycuan challenges, legacy, and the peoples’ ability to exercise Sovereignty and self-determination. Definitely worth the time to check it out. □

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**One of about 7 waterspouts spotted off shore at TPSR on Sept 22, 2007. Note the broad water cloud at the base.**

*Photo by Herb Knufken*

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**Torrey Pines Docent Society Bird Survey: September 1-2, 2007**

Total of 64 species (unusual sightings shown with an asterisk and in italics)

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*Observers: David Blue, Kathy Estey, Blair Francis, Jack Friery, Gary Grantham, Don Grine, Herb Knufken*

For previous months go to [www.torreypine.org/activities/bird-sightings.html](http://www.torreypine.org/activities/bird-sightings.html)


The Pinecone, a calendar of events, notes from business meetings, and other items of specific interest to the docent membership, is published bi-monthly (even months). Please submit items by the 20th of the month to Editor Sharon Clay Rose at clayrose@roadrunner.com

For odd months submit to Roger Isaacson at risaacson@ucsd.edu. Items for publication may also be left in the Torreyana mailbox in the Visitor Center. Roger Isaacson, Director of Communications

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<td>L- S Krueger</td>
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<td>W- Paxton</td>
<td>L- 22</td>
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<td>L- Boynton</td>
<td>L- 25</td>
<td>L- Oppenheimer</td>
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<td>Weekends</td>
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<td>L- 29</td>
<td>L- Neumeister</td>
<td>L- 30</td>
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<td>Weekdays</td>
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<td>L- 30</td>
<td>L- Lundstrom</td>
<td>L- 31</td>
<td>L- Lombard</td>
<td>L- Lombard</td>
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</table>

To sign up for an opening, call docent on duty (858 755-2063) to confirm the time and write your name in the Calendar Logbook. If you cannot do your duty, please try to find your own substitute by switching with another docent or using the short-notice list. Then call the docent on duty to make the change in the Logbook.

Duty Coordinators: Irene Larrimore (858 509-9604) & Lillian Lachicotte (858 481-6237)